

Celebrate Waste Reduction Week 2016

Get #GreatTasteLessWaste with: Gourmet Wraps

Ingredients

- 1 cup any leftover meat (Chicken, Turkey, Pork, Beef or Fish)
- 4 whole-wheat tortilla wraps, 10 inches
- 2 tablespoons mayonnaise
- 1 small tomato, thinly sliced
- 2 cups mixed baby greens or romaine lettuce
- ½ cup crispy onions
- Salt and pepper to taste

Directions

- Pre-heat oven to 350°C.
- Spread ½ tablespoon mayonnaise on tortilla.
- Add ¼ cup mixed greens or romaine.
- Add ¼ of the sliced tomato.
- Add ¼ of the crispy onions and
- Finish with ¼ cup meat.
- Add salt and pepper to taste.
- Fold tortilla and place in oven for 2 to 3 minutes.

Makes 4 wraps.

For more information on how you can help to get Northumberland County to the goal of 75% waste diversion, visit www.NorthumberlandCounty.ca/MakeLessWaste.